## **Orientation Programme of the CCPDHE 2022**

## **Science Auditorium, Faculty of Science**

(Tuesday April 25th 09.30 am - 3.30 pm)

9.30-10.00	The Inaugural session of the CCPDHE 2022
10.00-10.30	Expectations of CCPDHE Participants
10.30 – 11.00	Introduction to CCPDHE Program
	How to Become an Active Member of the Academic
11.00 - 12.00	Community?
12.00 - 1.00	Lunch
1.00 - 3.00	Can I be Mindful?
3.00 – 3.30pm	Wrap up & Session Evaluation